

# Second Annual a-ROUND GREEN LAKE RUN/WALK

*Welcome back to Green Lake!*

The sponsors, patrons & volunteers are proud to again provide this 5K event which is **hosted by the a-Round Green Lake Association.**

Whether you walk or run, you will enjoy the scenery of our lake community traveling along the shorelines of all sports Green Lake and the peaceful quiet of Round Lake. You will have the opportunity of racing with friends, neighbors and past runners who enjoyed the course, the camaraderie and the celebration of crossing the Finish Line at the Calvary Church.

The a-Round Green Lake Association, along with taking care of the business of our community, offers many other summer events which include pancake breakfasts, a neighborhood garage sale, holiday parades, an ice cream social and of course, fireworks on the 4th of July.

The organized events are only part of the fun in our busy lake community. Waking up to the sound of a **Master Craft** boat breaking calm water with a skier in tow means it's summer on Green Lake and time for pizza and ice cream at **Maria's**. Residents and visitors experience the fun of boating, fishing, skiing, wakeboarding and kayaking from early spring until late fall. Winter on the lakes offers an entirely different array of outdoor sports from ice skating to ice fishing.

We invite you to join us in the fun and always remember...*Life's better on the Lake!*

## A SPECIAL THANKS TO ALL OUR SPONSORS

Action Water Sports  
American Hoist, Air & Lube  
Berends Hendricks Stuit Insurance  
Centre Landscaping Maintenance  
DeHaan Tile & Floorcovering  
Dermatology Associates of West Michigan  
Family Fare  
Gazelle Sports  
Green Lake Calvary Church  
Green Lake One Stop  
Harder & Warner  
Hoekwater Family Dentistry  
Kwantes Lawn Care  
LaVern Schut Poured Walls  
Lincoln Financial Advisors  
Maria's Italian Restaurant  
Maynard Water Conditioning  
Meijer  
NAI West Michigan  
On Stage Services  
Plummer's Disposal Services  
Professional Pharmacy  
Proline Concrete  
Tina DeKam Design  
Top Distributing Company  
Velco Plumbing

### Patrons:

Roger & Sandy Alderink  
Jim & Shirley Heyboer  
Tom & Peggy Hopkins  
Jack & Carol Smith



Second Annual  
**a-ROUND  
GREEN LAKE RUN**



**Saturday, August 7  
2010**

Chip  
Timing

5K RUN • 5K WALK • 1 MILE FUN RUN

# RUN • WALK

8:30 AM start time

Sponsored by:

5K Run/Walk: **ACTION WATER SPORTS**  
Fun Run: **MARIA'S ITALIAN RESTAURANT**



**a-Round Green Lake 5K  
Run/Walk/1 Mile Fun Run**

**2010 ENTRY FORM**



**• 2010 a-Round Green Lake RACE INFORMATION •**

Sponsor: Action Water Sports—home of the Master Craft boat



NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

AGE AS OF AUG 7, 2010 \_\_\_\_\_  MALE  FEMALE

E-MAIL \_\_\_\_\_

**T-SHIRT SIZE**  YOUTH XS  YOUTH S  YOUTH M

ADULT S  M  L  XL  XXL

**RACE**  5K RUN  5K WALK\*  ONE MILE FUN RUN

EMERGENCY CONTACT NAME \_\_\_\_\_

EMERGENCY CONTACT PHONE \_\_\_\_\_

**WAIVER:** In consideration of the foregoing, I, for myself, my heirs, my executors and administrators, waive and release any and all rights and claims for damages I have against the Green Lake Association, and any and all sponsors and their representatives and successors, as a result of my participation in the 2010 a-Round Green Lake Run. I attest and verify that I am physically fit and have sufficiently trained for the completion of the event and my medical condition has been verified by a licensed medical doctor. Any picture and times can be used for reporting and promoting.

\_\_\_\_\_  
SIGNATURE/DATE

\_\_\_\_\_  
PARENT SIGNATURE (if under 18)/date

**MAIL YOUR ENTRY FORM** OR SCAN & E-MAIL WITH CREDIT CARD INFORMATION TO: pthopkins01@charter.net

CREDIT/DEBIT CARD:  VISA  MC  DISCOVER

\*Credit Card ran through Mary Kay

EXP. DATE: \_\_\_\_\_

CARD NUMBER: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

TYPE OF RACE	REGISTRATION BEGINS	RACE BEGINS	PRE-REGISTRATION by July 30, 2010	LATE REGISTRATION
5K Run (3.1 Miles)	7:00 AM	8:30 AM	\$20.00*	\$25.00
5K Walk (3.1 Miles) (Noncompetitive)	7:00 AM	8:30 AM	\$20.00*	\$25.00
One Mile Fun Run (Kids 12 and Under)	7:00 AM	8:00 AM	\$10.00	\$15.00

**\*SPECIAL RATE FOR FAMILY REGISTRATION:** Families of 3 or more registering together will receive a discounted rate of \$15.00 per family member.

**TECHNICAL T-SHIRT**—The shirt is guaranteed to all adult participants who pre-register. Late registrants based on remaining supply. (All pre-registered children will receive a cotton race T-shirt)

**REFRESHMENTS**—Provided to all participants.

**TIMING**—Computerized chip timing for 5K Run provided by Epic Race Timing. Results will be posted immediately following the race.

**AWARDS**—5K Run awards are three deep for each age division.

9 and Under	30-39	50-59	Overall Male & Female
10-19	40-49	60 +	
20-29			

**STROLLERS**—Are welcome. No dogs, bikes, skate boards, roller blades or scooters are allowed on the course.

**COURSE INFORMATION**—The 5K Run/Walk begins at the corner of South Shore Drive and Kalamazoo Avenue. Fun Run begins at Maria's Italian Restaurant, 586 Kalamazoo Avenue. Finish Line at Green Lake Calvary Church, 608-145th Avenue.

**PROCEEDS**—All proceeds will go to Green Lake Calvary Church Outdoor Youth Pavilion.

**PACKET PICK-UP**—August 6 (Friday) 6:00 - 8:00 pm and August 7 (Saturday) 7:00 am at Green Lake Calvary Church.

**ENTRY FORM**—Mail: a-Round Green Lake Run (Attn: Tom Hopkins)  
511 S. Shore Caledonia, MI 49316  
(checks payable to: a-Round Green Lake Association)

Online form: [greenlake.us](http://greenlake.us) – click on "Events"  
(e-mail with credit card info to: pthopkins01@charter.net)

**PARKING**—Across from GL Calvary Church, 608-145th Ave, Caledonia, MI 49316

